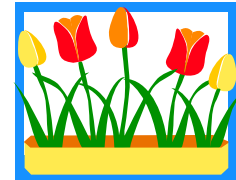


Therapeutic Recreation

Columbus Parks & Recreation

March 2010

March into Spring with TR!



March 2010

As we enter our Spring season, we have some entertaining activities planned! Please look over the calendar carefully and turn in your completed reservation form as soon as possible.

Transportation:

We are still picking up at Comer for transportation to Northside. Programs will be at Northside unless otherwise noted.



Please **RESERVE** the days you would like transportation. There is a blank section on the right side of your reservation form for you to write in the dates that you need transportation. Please have this filled out when you submit your form. You may meet between **8:30 a.m.** and **9:00 a.m.** **The van will leave at 9:00 a.m. If you need to cancel your ride, please notify staff before 9:00 a.m.**

For all programs, including bowling

please make **reservations at least 48 hours (2 days) in advance**, and **cancellations at least 24 hours (1 day) in advance**. Only in the event of an emergency or bad weather should you call and cancel a ride the day of.

Similar to bowling day procedures, we will cancel transportation in the event of severe weather threats. Staff will still be present at the program, but there will be no transportation during these days. This will be communicated as soon as possible to those that have reserved transportation for the day, and you will receive a credit for the ride. We apologize for the inconvenience but we want to ensure the safety of our participants while loading and unloading the van, and while on the road. Thank you for your cooperation.



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YOU'RE INVITED TO:

An Easter Egg Hunt at Northside Recreation Center!

We will have a fulfilled day of Easter events on March 31st. Take home is available for this event!

We need

your help!

Help Columbus Consolidated Government raise \$50,000 for Haiti Relief!

You can help us out by purchasing a keep-sake Heart Button for a \$10 donation. You may also "share your dinner with Haiti" by giving the amount you would typically spend on dinner (\$10 min.) and you'll receive a sticker that says:

"I shared my dinner with Haiti."

Donations can be made at Northside in cash or check made out to Columbus Consolidated Government. Thank you!



CONSOLIDATED GOVERNMENT
What Progress Has Preserved.



Special Olympics
Georgia

March 2010

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|------------------------------------|------------------------------|---------------|------------------|-----|
| | 1 Life Skills: Car- ing for your fish | 2 Tennis/ Soccer Practice | 3 Field Trip: Museum | 4 Bowling | 5 | 6 |
| 7 | 8 No Program | 9 Tennis/ Bunko | 10 Golf Skills | 11 Bowling | 12 | 13 |
| 14 | 15 Line Dancing | 16 Tennis/ Soccer Practice | 17 Spring Crafts | 18 Bowling | 19 Dance | 20 |
| 21 | 22 Birthday Lunch | 23 Tennis/ Basketball Skills | 24 Bingo & Board Games | 25 Bowling | 26 Field Trip | 27 |
| 28 | 29 Life Skills: Women's Hist. | 30 Tennis/ Soccer Practice | 31 Easter Fun | | | |

Program Details:

March 1: 9 am—2 pm

Learn how to care for your pet fish at Northside. Bring lunch. Take home available.

March 2, 16, 30: 9 am—2 pm

Train for Special Olympics Summer Games. You may choose between Tennis or Soccer Skills. Tennis will be held at Cooper Creek from 10 am-11 am. You may come to Northside like usual and we will transport there, or you may meet us there at 10 am. Soccer practice will be held at Northside from 10 am-11 am. Be sure to



wear athletic clothing and shoes and bring a bottle of water. Bring lunch. Take home available.

March 3: 9 am-2 pm

Take a field trip to the Columbus Museum. We will go look at the current exhibits. Admission is free, but please bring \$1.00 cash the day of to donate to the museum. Bring lunch. Take home available.

March 4, 11, 18, 25:

2 pm— 4 pm

Continue bowling training at AMF Peach Lanes. Pick up and take home available with reservation ONLY.

March 9: 9 am—2 pm

Tennis practice will be held at Cooper Creek. Bunko will be held in the afternoon. Bring lunch. Take home available.



March 10: 9 am—2 pm
Work on your golf skills at Northside. Bring lunch. Take home available.

March 15: 9 am—2 pm

Enjoy line dancing with your friends at Northside. Bring lunch. Take home available.



March 17: 9 am—2 pm
Create beautiful spring crafts. Be sure to wear GREEN for St. Patrick's Day! Bring lunch. Take home

available.

March 19: 7 pm— 9 pm
Dance the night away with your friends at the monthly dance. Pick up and take home available with reservation ONLY.

March 22: 11 am—2 pm

Celebrate March birthdays at Mongo Grille, the new Mongolian Fire Pitt located on Veterans Parkway. Please bring \$12.00 cash the day of. There will be pick up and take home for this lunch with reservation ONLY.



March 24: 9 am—2 pm
Enjoy bingo, puzzles, coloring, and board games. Bring lunch. Take

PROGRAM DETAILS CONTINUED

March 26: 9 am—3 pm

We're taking a field trip to Callaway Gardens Plant Fair and Sale. This event will be held at the Robin Lake Beach Dome. Admission is free but you may bring money if you would like to buy something. You are asked to bring at least \$15.00 cash to eat lunch. Meet at Comer or Northside. Take home will be afterwards.



March 29: 9 am—2 pm

Life Skills Lesson: Women's History. Learn some important people and events in Women's History. Bring lunch. Take home available.

March 31: 9 am—2 pm

Enjoy a fun-filled day of Easter activities! We will begin with Easter crafts, then participate in an Easter Egg Hunt at Northside! Bring lunch. Take home available.



March Birthdays



Larry Boeck 14

Chuck Redden 23

**Jamel Dawkins
25**

HAPPY BIRTHDAY, GUYS!

PHONE POLICY

TR phones are to be called for program and transportation cancellations, inquiries, and emergencies. During the business hours of 8 am-5 pm on Monday-Friday, you may call Northside Recreation Center at (706) 576-5475. If you do not get an answer you may try the TR Cell Phone at (706) 304-5556 or leave a message at (706) 317-2081. We are sorry for the confusion, but please understand that our staff move around a lot.



DON'T FORGET TO SIGN-IN!

Please do not just drop participants off at the entrance. We ask that you come in and sign in your participant. This gives us more face to face contact, allows us to communicate last minute information, and also ensures that the participant enters the building safely. Please help us with this matter.

GET YOUR RESERVATION FORMS IN!

Please COMPLETE and RETURN reservation forms EVERY month. This gives us an accurate number of participants, and let's us know who we need to call if any last minute changes in plans occur. Effective January 1, 2010, phone reservations will no longer be accepted. If you need help filling out the form, please feel free to ask a staff member or give us a call.

PAYMENT PROCEDURES

Please make payments before programming dates. Fees for transportation are \$1.25 per ride/ \$2.50 roundtrip. Transportation may be paid in cash, check, or money order and remitted to *Columbus Parks & Recreation*. Bowling fees are \$3.00 per day/ \$1.00 per game and must be remitted to *AMF Peach Bowl Lanes*. You may pay per day or in advance. We will keep track of your absences and make the necessary credits. Please note that if you prepaid for bowling on December 17th, you will receive a credit for your next bowling day.



On field trips, participants are responsible for their own fees. Please read the newsletter details carefully to ensure that your fees are turned in on or before the specified date. When going out to eat, please make sure that your participant has enough money for their meal and a tip.



Therapeutic Recreation

Mailing Address
(Comer Gymnasium)
107 41st Street
Columbus, Georgia 31904
Phone: 706-653-4500

Main Office & Recreation Center
Northside Recreation Center
2010 American Way
Columbus, Georgia 31909
Phone: 706-576-5475
706-317-2081
Cell: 706-304-5556
Fax: 706-576-5532
Email: promero@columbusga.org

Check out your
Newsletter Online!

WWW.COLUMBUSGA.ORG/PARKS/THERAPEUTICS.HTM

This Month We Celebrate...

| | |
|------------------------------|----|
| Womens History Month | |
| Daylight Savings Time Begins | 14 |
| St. Patrick's Day | 17 |
| Spring Begins | 20 |
| Palm Sunday | 28 |
| Passover begins at sundown | 29 |

TR Participants & Families,

We would like to thank all those families that came out to the Parent/Caregiver meeting. We always appreciate your time and suggestions. We'd also like to thank the Walton-Hall family for their donation of a Wii system to the TR program! Thanks!

Your TR Team,
Pamela Lee (TR Supervisor), Antonio Owens (Recreation Specialist II), Nikia Charleston (Recreation Center Leader), Margaret Brown (Division Manager)

Date: _____

Participants Name: _____

Volunteers Name: _____

Phone Number: _____

Day(s) Available: Monday Tuesday Wednesday Thursday

Time(s) Available: _____

Suggestions?

Program Suggestions:

Field Trip Suggestions:

Comments:

Questions:

**Columbus Parks & Recreation
Therapeutic Recreation Reservation Form for March 2010
107 41st Street
Columbus, Georgia 31904**

| |
|----------------------|
| Name: |
| Phone Number: |



| <u>Date</u> | <u>Activity/ Event</u> | <u>Transportation</u> | <u>Total</u> | (x) if attending |
|---------------------------|---------------------------------|-----------------------|--------------|------------------|
| Monday Programming | | | | |
| 1-Mar | Life Skills:Caring for you fish | \$1.25 | | |
| 15-Mar | Line Dancing | \$1.25 | | |
| 22-Mar | Birthday Lunch | \$1.25 or \$2.50 | | |
| 29-Mar | Life Skills: Women's History | \$1.25 | | |

| | | | | |
|----------------------------|----------------------------|--------|--|--|
| Tuesday Programming | | | | |
| 2-Mar | Tennis & Soccer Practice | \$1.25 | | |
| 9-Mar | Tennis/Bunko | \$1.25 | | |
| 16-Mar | Tennis & Soccer Practice | \$1.25 | | |
| 23-Mar | Tennis & Basketball Skills | \$1.25 | | |
| 30-Mar | Tennis & Soccer Practice | \$1.25 | | |

| | | | | |
|------------------------------|-----------------------------|--------|--|--|
| Wednesday Programming | | | | |
| 3-Mar | Field Trip: Columbus Museum | \$1.25 | | |
| 10-Mar | Golf Skills | \$1.25 | | |
| 17-Mar | Spring Crafts | \$1.25 | | |
| 24-Mar | Bingo & Board Games | \$1.25 | | |
| 31-Mar | Easter Fun | \$1.25 | | |

| | | | | |
|-------------------------------|--|------------------|--|--|
| Bowling Transportation | | | | |
| 4-Mar | Pick up and/or Take Home (\$1.25 one way or \$2.50 round trip) Reservation Required | \$1.25 or \$2.50 | | |
| 11-Mar | Pick up and/or Take Home (\$1.25 one way or \$2.50 round trip) Reservation Required | \$1.25 or \$2.50 | | |
| 18-Mar | Pick up and/or Take Home (\$1.25 one way or \$2.50 round trip) Reservation Required | \$1.25 or \$2.50 | | |
| 25-Mar | Pick up and/or Take Home (\$1.25 one way or \$2.50 round trip) Reservation Required | \$1.25 or \$2.50 | | |

| | | | | |
|-----------------------|--|------------------|--|--|
| Special Events | | | | |
| 19-Mar | Dance Pick up and/or Take Home (\$1.25 one way or \$2.50 round trip) Reservation Required | \$1.25 or \$2.50 | | |
| 26-Mar | Garden Field Trip | \$1.25 | | |

| | |
|---------------------|--------------------------|
| Check# _____ | TOTAL PAID: _____ |
| M.O. _____ | DATE: _____ |

Please make a **SEPARATE** check out to **AMF Peach Lanes** for Bowling Fees.

| | | | | |
|--------|---------|--------|--|--|
| 4-Mar | Bowling | \$3.00 | | |
| 11-Mar | Bowling | \$3.00 | | |
| 18-Mar | Bowling | \$3.00 | | |
| 25-Mar | Bowling | \$3.00 | | |

| | |
|----------------------|--------------------------|
| Check # _____ | TOTAL PAID: _____ |
| M.O. _____ | DATE: _____ |

Please remit checks or M.O. to:
Therapeutic Recreation
107 41st Street
Columbus, Georgia 31904

Questions?
706-576-5475
706-304-5556
706-317-2081

Please list below the dates
needing transportation from
Comer to Northside:

Signature: _____
Date: _____



Riddle of the Month:

What does a leprechaun call a happy man wearing green?

Your Answer: _____

Answer to February's Riddle:

CAULIFLOWER

????? Ask A Staff ?????

No questions were submitted for the month of February.

Do you have a question for us?

_____.