

# Therapeutic Recreation

Columbus Parks & Recreation

September 2010

## Cool Off from Summer with TR

Please remember that the weather is changing and we need to make sure that we do our part in dressing properly, staying hydrated, and protecting our skin. Please wear sunscreen, a hat or visor, and bring a bottle of water with you (especially on the outdoor days).

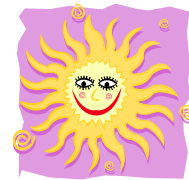
### Transportation:

We are still picking up at Comer for transportation to Northside. Programs will be at Northside unless otherwise noted. Please **RESERVE** the days you would like transportation. There is a blank section on the right side of your reservation form for you to write in the dates that you need transportation. Please have this filled out when you submit your form. You may meet between **8:30 a.m.** and **9:00 a.m.** **The van will leave at 9:00 a.m.** **If you need to cancel your ride, please notify staff before 9:00 a.m.**



For all programs, including bowling please make **reservations at least 48 hours (2 days) in advance**, and **cancellations at least 24 hours (1 day) in advance**. Only in the event of an emergency or bad weather should you call and cancel a ride the day of.

Similar to bowling day procedures, we will cancel transportation in the event of severe weather threats. Staff will still be present at the program, but there will be no transportation during these days. This will be communicated as soon as possible to those that have reserved transportation for the day, and you will receive a credit for the ride. We apologize for the inconvenience but we want to ensure the safety of our participants while loading and unloading the van, and while on the road. Thank you for your cooperation.



September 2010

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### \*Special Olympics News\*

Last month, we traveled to Warner Robins, GA to compete in Special Olympics' Master's Bowling Tournament. We are very proud of our athletes & would like to recognize them:

**Margaret Burrus—1st Place (Gold)**  
**Buddy Coulter—1st Place (Gold)**  
**Mike Booth—2nd Place (Silver)**  
**Joyce Portis—2nd Place (Silver)**  
**Rochelle Quick—2nd Place (Silver)**  
**Chucka Redden—2nd Place (Silver)**  
**David Riley—2nd Place (Silver)**  
**Kimberly Dunton—3rd Place (Bronze)**  
**Tina Knauer—3rd Place (Bronze)**  
**Larry Boeck—4th Place**  
**John Daly—4th Place**  
**Harry Jackson—4th Place**

**Kevin Kellett—4th Place**  
**Beth Walton—4th Place**  
**John Frank—5th Place**  
**Donnie Martin—5th Place**

Special thanks to Julie & Les Wagenti for chaperoning this trip, and thanks to everyone that came out to support!

### UPCOMING EVENTS:

**Bocce Invitational**  
 October 2, 2010  
 Douglassville, GA

**State Fall Games**  
 November 12-14, 2010  
 Statesboro, GA



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CONSOLIDATED GOVERNMENT  
 What Progress Has Preserved.



**Special Olympics**  
 Georgia

# September 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Basketball Skills/ Life Skills	2 Bowling	3	4
5	6 NO PROGRAM	7 Tennis & Bocce/ Wii Sports	8 Walking/ Arts & Crafts	9 Bowling	10	11
12	13 Field Trip: Movies	14 Tennis & Bocce/ Bunco	15 Celebrate His- panic Heritage	16 Bowling	17 Garden Trip	18
19	20 Birthday Lunch: El Carrizo	21 Tennis & Bocce/ Wii Sports	22 Garden Club	23 Bowling	24 Dance	25 Artists w/ DisAbilities Luncheon
26	27 Field Trip: Coca Cola Space Science Center	28 Tennis & Bocce/ Dominos	29 Golf Skills/ Bingo	30 Bowling		

## Program Details:

### Sept. 1: 9 am—2 pm

Work on basketball skills. After lunch, life skills lesson: First Aid Skills. Bring lunch. Take home available.



### Sept. 2, 9, 16, 23, 30:

**2 pm—4 pm**  
Bowling at AMF Peach Lanes. Pick up and take home available with RESERVATION & PAYMENT ONLY.

### Sept. 7, 14, 21, 28:

**9 am—2 pm**  
We will begin tennis with CORTA Coach Deby Caldwell. We'll travel over to Cooper Creek to practice tennis and/or bocce. Be sure to



wear light colored, loose fitting cotton clothing as it will be hot out. Also bring a bottle of water and sunscreen. We'll travel back to Northside for lunch and play Wii Sports afterwards on the 7th & 21st; Bunco on the 14th; and Dominos on the 28th. Bring lunch. Take home available.

### Sept. 8: 9 am—2 pm

We'll take a walk at Flat Rock Park. After lunch, we'll work on arts & crafts projects. Bring lunch. Take home available. \*Pottery group will be transported to Britt David, participants must be picked up at the Studio.



### Sept. 13: 9 am—4 pm



We will take a field trip to the movies. Meet at Northside for fun and

games before lunch. Eat lunch, and travel to Hollywood Connection movie theater afterwards. Cost is \$7.25 for matinee. You may also bring extra money for concessions. Bring lunch. Take home available. Movie TBA.

### Sept. 15: 9 am—2 pm

Celebrate Hispanic Heritage Month with a lesson in History. Also learn a few Spanish words, prepare a traditional Hispanic meal,



and play Hispanic games. Take home available. \*Pottery group will be transported to Britt David, participants must be picked up at the Studio.

### Sept. 17: 9 am—2 pm

Join Fox Senior Center on a field trip to an Organic Farm in Waverly Hall. We will tour the farm & town and even get to pick a few items so be sure to bring a small bag. Bring \$15 for lunch at the Farm House. Reservations for this trip must be made by September 10th. We will meet at Comer @ 8:30 a.m. and we will take home







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### Therapeutic Recreation

Mailing Address  
(Comer Gymnasium)  
107 41st Street  
Columbus, Georgia 31904  
Phone: 706-653-4500

Main Office & Recreation Center  
Northside Recreation Center  
2010 American Way  
Columbus, Georgia 31909  
Phone: 706-576-5475  
706-317-2081  
Nikia's Cell: 706-304-5556  
Pam's Cell: 706-304-5560  
Fax: 706-576-5532  
Email: PamLee@columbusga.org  
AntonioOwens@columbusga.org

Check out your  
Newsletter Online!

[WWW.COLUMBUSGA.ORG/PARKS/  
THERAPEUTICS.HTM](http://WWW.COLUMBUSGA.ORG/PARKS/THERAPEUTICS.HTM)

## This Month We Celebrate...

Healthy Aging Month  
National Hispanic Heritage Month (Sept 15—Oct 15)  
National Organic Harvest Month  
Labor Day 6  
Patriot Day 11  
Grandparents Day 12  
First Day of Autumn 23

**Birthstone:** Sapphire

**Flower:** Aster

### Your TR Team:

Pamela Lee (TR Supervisor)  
Antonio Owens (Recreation Specialist II)  
Nikia Charleston (Recreation Center Leader)  
Margaret Brown (Division Manager)

Date: \_\_\_\_\_

Participants Name: \_\_\_\_\_

Volunteers Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Day(s) Available: \_\_\_Monday \_\_\_Tuesday \_\_\_Wednesday \_\_\_Thursday

Time(s) Available: \_\_\_\_\_

### **Suggestions?**

Program Suggestions:

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Field Trip Suggestions:

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Comments:

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Questions:

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**Columbus Parks & Recreation**  
**Therapeutic Recreation Reservation Form for September 2010**  
 107 41st Street  
 Columbus, Georgia 31904

<b>Name:</b>
<b>Phone Number:</b>

Date	Activity/ Event	Transportation	Total	(x) if attending
<b>Monday Programming</b>				
13-Sep	Field Trip: Movie	\$1.25		
20-Sep	Birthday Lunch	\$1.25 or \$2.50		
27-Sep	Field Trip: CCSSC	\$1.25		

<b>Tuesday Programming</b>				
7-Sep	Tennis/ Bocce & Wii Sports	\$1.25		
14-Sep	Tennis/ Bocce & Bunco	\$1.25		
21-Sep	Tennis/ Bocce & Wii Sports	\$1.25		
28-Sep	Tennis/ Bocce & Dominos	\$1.25		

<b>Wednesday Programming</b>				
1-Sep	Basketball Skills/ Life Skills	\$1.25		
8-Sep	Walking/ Arts & Crafts	\$1.25		
15-Sep	Celebrate Hispanic Heritage	\$1.25		
22-Sep	Garden Club	\$1.25		
29-Sep	Golf Skills/ Bingo	\$1.25		

<b>Bowling Transportation</b>				
2-Sep	Pick up and/or Take Home (\$1.25 one way or \$2.50 round trip) Reservation Required	\$1.25 or \$2.50		
9-Sep	Pick up and/or Take Home (\$1.25 one way or \$2.50 round trip) Reservation Required	\$1.25 or \$2.50		
16-Sep	Pick up and/or Take Home (\$1.25 one way or \$2.50 round trip) Reservation Required	\$1.25 or \$2.50		
23-Sep	Pick up and/or Take Home (\$1.25 one way or \$2.50 round trip) Reservation Required	\$1.25 or \$2.50		
30-Sep	Pick up and/or Take Home (\$1.25 one way or \$2.50 round trip) Reservation Required	\$1.25 or \$2.50		

<b>Special Events</b>				
17-Sep	Garden Field Trip	\$1.25		
24-Sep	Dance Pick up and/or Take Home (\$1.25 one way or \$2.50 round trip) Reservation Required	\$1.25 or \$2.50		

<b>Check#</b> _____	<b>TOTAL PAID:</b> _____
<b>M.O.</b> _____	<b>DATE:</b> _____

Please make a **SEPARATE** check out to **AMF Peach Lanes** for Bowling Fees.

2-Sep	Bowling	\$3.00		
9-Sep	Bowling	\$3.00		
16-Sep	Bowling	\$3.00		
23-Sep	Bowling	\$3.00		
30-Sep	Bowling	\$3.00		

<b>Check #</b> _____	<b>TOTAL PAID:</b> _____
<b>M.O.</b> _____	<b>DATE:</b> _____



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Please remit checks or M.O. to:  
**Therapeutic Recreation**  
 107 41st Street  
 Columbus, Georgia 31904

**Questions?**  
 706-576-5475  
 706-304-5556 or 706-304-5560  
 706-317-2081

Please list below the dates  
 needing transportation from  
 Comer to Northside:

**Signature:** \_\_\_\_\_  
**Date:** \_\_\_\_\_

**Riddle of the Month:**

**I'm a father's child, a mother's child, yet no one's son.  
Who am I?**

**Your Answer:** \_\_\_\_\_

**\*Hint:** A common family member.



**Last month's riddle:**

**What grows in winter, dies in summer, and grows roots upward?**

**I'm an ICICLE!**

**Congratulations:**

**TIM REYNOLDS!!!!**