



Together, we can save a life

Fact Sheet

Health and Safety Services

Health and Safety Programs

COURSE:	Preventing Disease Transmission
Course Code:	3220
Purpose	To train and provide lifeguards with an understanding of the intent of the bloodborne pathogens regulation issued by the Occupational Safety and Health Administration (OSHA); how disease transmission occurs; serious communicable diseases; precautions to prevent disease transmission; and what to do if an exposure occurs.
Prerequisites	None
Learning Objectives	<ul style="list-style-type: none">• Describe how infections occur;• Explain how a disease can spread;• Describe the four ways pathogens can enter a person's body;• Describe work practices that help eliminate or reduce the risk of exposure at facilities;• Explain what biohazard signs and labels mean; and• Describe the procedures to follow if an exposure occurs.
Length	Approximately 1 hour, 55 minutes, when taught with the Lifeguard Training course; or Approximately 2 hours when not taught with the Lifeguard Training course.
Instructor	Currently authorized Lifeguarding, Preventing Disease Transmission or Emergency Response instructor
Certification Requirements	Participants must attend the entire Preventing Disease Transmission course to receive a passing grade.
Certificate Issued and Validity Period	Preventing Disease Transmission - None, but OSHA regulations indicate that training in bloodborne pathogens must be conducted annually.
Participant Materials	<i>American Red Cross Lifeguard Training Participant's Manual</i> (Stock No. 655720); or <i>American Red Cross Preventing Disease Transmission Participant's Booklet</i> (Stock No. 652053); or <i>American Red Cross Emergency Response Textbook</i> (Stock No. 656523)

Health and Safety Programs

COURSE	Bloodborne Pathogens Training: Preventing Disease Transmission
Course Code	32650
Purpose	To train and provide individuals with an understanding of the intent of the bloodborne pathogens regulation issued by the Occupational Safety and Health Administration (OSHA); how bloodborne pathogens are spread; how to help prevent exposure incidents by following work practice controls, using engineering controls and personal protective equipment, practicing good personal hygiene and properly cleaning and disinfecting equipment and supplies; and to recognize, report and follow up on employee exposures to infectious materials.
Prerequisites	None
Learning Objectives	<ul style="list-style-type: none"> ▪ Describe how infections occur. ▪ Identify how bloodborne pathogens are spread. ▪ Identify tasks that have a potential for exposure to infectious materials. ▪ Recognize the importance of handwashing and personal hygiene in reducing the risk of disease transmission. ▪ Recognize the importance of personal protective equipment and understand the types of equipment available for use. ▪ Identify engineering and work practice controls. ▪ Identify biohazard signs and labels. ▪ Describe the emergency procedures for exposure incidents involving potentially infectious materials.
Length	Approximately 2 hours
Instructor	Currently authorized Bloodborne Pathogens Training, Lifeguarding or Emergency Response instructor
Certification Requirements	Participants must attend the entire Bloodborne Pathogens Training: Preventing Disease Transmission course to receive a completion certificate.
Certificate Issued and Validity Period	Bloodborne Pathogens Training; valid for one year
Participant Materials	<i>American Red Cross Bloodborne Pathogens Training: Preventing Disease Transmission Participant's Manual</i> (Stock No. 655107); or <i>American Red Cross Lifeguard Training Participant's Manual</i> (Stock No. 655720); or <i>American Red Cross Emergency Response Textbook</i> (Stock No. 656523)